



NORA'S HOME

for transplant patients and
their families

Annual Impact Report

20 21



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Who We Are



In 1998, Doctors Osama and Lillian Gaber established Nora's Gift Foundation in memory of their

daughter Nora, who was killed in a tragic automobile accident. Nora's legacy did not end with her death. Her organ donations helped several critically ill children and fueled the creation of Nora's Home, an enduring gift to those in need.

To launch the mission of Nora's Gift Foundation (dba Nora's Home) in Houston, an inaugural gala was held in 2011. Spring boarding off the success of the gala, a successful capital campaign secured the funds necessary to finally realize the vision of building a standalone hospitality home that serves any patient from the solid organ transplant centers in the Texas Medical Center. Nora's Home opened its doors with 16 family suites in 2013.

The home has proved an invaluable resource to transplant patients and their families and quickly gained popularity after opening, developing a waiting list for families to stay. This launched a second capital campaign and planning for a phase two expansion doubling the size of the home to 32 family suites, as it stands today.

Subsequent fundraisers consisting of our annual Nora's Home Gala, Golf Classic, and Welcome Home Annual Fund continue to provide the necessary funds in supporting the transplant families staying at the home by alleviating their financial burden through the Adopt-A-Family program. This ensures no guest is ever turned away due to inability to pay.

Like any good home, a strong foundation is a must. Nora's Home would simply not be possible without the support, commitment, and endorsement from our community.

Mission Statement

Nora's Home offers transplant patients and their families an affordable place to stay where they can find support and share experiences with others, in the comfort of a home-like environment.

Vision Statement

Be the preeminent life-center offering information, resources, lodging and emotional support for organ failure and transplant patients and their families by:

Providing a safe, welcoming and affordable place to stay in the Texas Medical Center

Creating a network for fellowship, interaction, resources and emotional support

Providing targeted education to the unique needs of the transplant community

Remaining financially sound and well-funded through philanthropic resources

Core Values essential to accomplishing our mission is always acting with:

Integrity

Compassion

Dedication

Professionalism

Embracing Diversity

Welcome from the Executive Director

Our Commitment Continues

With the continuation of the pandemic lingering into 2021, the much-anticipated vaccine rollout provided us the opportunity to remain steadfast on our commitment to protect the health and safety of our guests.

We instilled mandatory vaccination policies for our guests, staff members, volunteers and visitors. These policies allowed us to serve 114 families throughout the year, providing 6,558-night stays in a safe and still welcoming environment. One major accomplishment to share is that the year unfolded with no known case(s) of viral transmission within our walls. We are deeply proud of this fact and indebted to all involved for their cooperation.

The year also brought many incredible milestones and cherished memories. In April, we celebrated the past 10 years of Gala Chairs with a first-ever virtual gala, Homecoming: From Our Home to Yours. More than 540 volunteers participated in activities that brought comfort to our guests with 10,000+ meals served! Above all, in August we celebrated 40,000-night stays. It's numbers such as these, along with the stories that follow in the pages to come, that remind us of what community can really do. Signing off on a year well-done and our immeasurable gratitude for your support.

With a grateful heart and excitement for what's to come,

Natalie Lencioni

Natalie Lencioni
Executive Director





Board of Directors

OFFICERS

A. Osama Gaber, M.D., FACS
Chairman, Founding Director
 Interim Chair of Surgery, Houston Methodist
 Director, J.C. Walter Jr. Transplant Center

Lillian Gaber, M.D.
Founding Director
 Professor of Pathology and Genomic Medicine
 Houston Methodist

John Zerr
Treasurer
 General Counsel, Invesco

J. Michael Rose
Secretary
 Partner, Locke Lord LLP

Directors

Imad F. Abdullah
 Principal, Landmark Architects Inc.

Cathy Cooney
 Retired, Leadership Coach

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 Baylor College of Medicine

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 Senior Vice President
 Texas Children's Hospital

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 Association (AAHOA), Fusion Hospitality

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 Vice President Kosmada LLC
 MassMutual Insurance, Golden Choice Plan Agency
 CHIA, CHO

Timothy Schroeder
 CEO and Founder, CTI Clinical Trial & Consulting

R. Patrick Wood, M.D.
 Vice President and Chief Medical Officer, LifeGift

Foundation Team Members

Natalie Lencioni
 Executive Director

Laurel Keller
 Director of Development

Morgan Fuhriman
 Outreach Coordinator

Peggy Schroller
 Program Assistant

Guest Services Team Members

Marilda Daniels
 Operations Manager

Beverly Jackson
 Chaplain & Night Auditor

Carmen Alferez
 Housekeeping Supervisor

HOUSEKEEPERS
Luisa Cabrerra

GUEST SERVICES
Ann Arceneaux
Tanja Evans
Ana Garcia
Gabriela Gubinelli
Wanda Stoddard
LaTonya Williams

Impact in Numbers

GUEST STATS (New Guests in 2021)

Patient Diagnosis*:



HEART

Pre-Op Transplant

15

Post-Op Transplant

5



KIDNEY

Pre-Op Transplant

16

Post-Op Transplant

9



LIVER

Pre-Op Transplant

13

Post-Op Transplant

17



LUNG

Pre-Op Transplant

20

Post-Op Transplant

23



PANCREAS

Pre-Op Transplant

0

Post-Op Transplant

1

LVAD BRIDGE TO HEART TRANSPLANT

6

LIVING DONOR TESTING-POST-OP

2

*Some patients might be counted in multiple diagnoses.



GENDER

Male

54%

Female

46%



AGE

0-17 years

4%

18-24 years

1%

25-60 years

57%

61 + years

38%



ETHNICITY

Black

19%

Hispanic

39%

White

42%

Other

0%



GUESTS TRAVELED FROM

States

38

Countries

4



GUEST STAYS

Average Length of Stay

7-14 nights

Our Longest Stay was

365 nights

HOME STATS



Number of Guests Served

114

Nights Stayed

6,558

Adopt-A-Family Funds Awarded

\$465,561

Nights of Stay Awarded through the Adopt-A-Family Program

6,558

Number of COVID Patients Served

9

Average Occupancy Rate

58%

Distance Guests Traveled

30 to 1,430 mi.

Saved in Hotel Fees for our Guests

\$373,806

Average operating cost per room per night

\$75.00

Average Guest Paid per night

\$27.98

Number of Volunteers

541

Volunteer Hours Served

5,023

YEAR TO DATE STATS 2013-2021



Number of Guests Served

1,445

Nights Stayed

43,401

Adopt-A-Family Awarded

\$2,045,906

Number of COVID Patients Served

9

Number of Meals Served

10,948

TRANSPLANT CENTERS

Hospital Partners

7

Baylor St. Luke's Medical Center

HCA Houston Healthcare

Houston Methodist

Memorial Hermann

Texas Children's Hospital

UTMB Health

Michael E. DeBakey VA Medical Center



GUEST PROFILE

Bobby

Age	52
Hometown	Vernon, TX
Transplant Type	LVAD (November 12, 2015) Heart (January 13, 2022)
Hospital	Memorial Hermann
Caregiver	Mother, Father & Sister

Transplant Journey

In 2003, I became ill and eventually was told by a couple of doctors that I had “6 months to live.” Nevertheless, I remained positive about my health and put my faith in God. After traveling to both Galveston and Dallas to seek medical help – I ended up in Houston, where my Memorial Hermann doctor issued me an LVAD. After this life-changing surgery, the difference in how I felt is comparable to that of night and day! I quickly started to feel more like myself and was deemed as “the walking man” by those who knew me. Through this entire journey, my mother has been my rock: never leaving my side of wavering in her support and love for me. Over the past couple of years, I’ve not only come to enjoy offering helpful insight to people waiting to get an LVAD but I have also learned so much from other guests and have undoubtedly forged so many new friendships along the way! I am grateful that I was able to receive the gift of life and get the right heart for me. I was the first heart transplant of the year for Memorial Hermann. I knew this day would come but didn’t know when. I am so grateful and love to share my transplant story.

What was the first thing you wanted to do after receiving your transplant?

Go to the beach! When I had my LVAD, I couldn’t go in water so taking a bath or submerging in water was something I wasn’t able to fully do. After my transplant, I felt normal and felt free! I did go to the beach. I spent a day in Galveston with my girlfriend Faith, a double-lung recipient. We both ran in the water and had so much fun. We felt like little kids. It was such a small thing but something I didn’t want to take for granted.

What would you want to say to your donor?

I want to say THANK YOU! Thank you for the opportunity for me to live my life. You have allowed me more time to spend with my family, my mother, father, my sons and my grandson. I have a new lease on life and that wouldn’t be possible without my donor. I know you had to leave to give me life, and I am grateful. I also wouldn’t have met the love of my life without you.

“I am so grateful and love to share my transplant story.”

What would you say to someone considering becoming an organ donor?

Donating an organ is the biggest gift you can give someone. Personally, the idea that someone must pass before I am able to receive an organ was a hard thing for me to process but thankfully, my doctors and assigned coordinators were able to remind me that at the end of the day, the gift of life is priceless, and everyone is deserving of it regardless of their situation.

What do you enjoy most about Nora’s Home?

The fellowship and tight-knit community at Nora’s Home is my favorite part! The relationships I’ve made at my “home away from home” are super valuable to me. I also really enjoy the Chef of the Day meals from our volunteers; it truly adds to the sense of community here at Nora’s and is definitely something I look forward to.

What would you say to donors who support Nora’s Home?

First and foremost, I would thank them so much for their donation to this “perfect” space. Words cannot explain how much love is evident and present within the walls of Nora’s Home. Apart from giving me a place to stay, Nora’s is so much more than that in the sense that it has allowed me to grow as a person and learn so much about myself and others as well.

Letter from the Treasurer

During the year 2021, we were able to continue the operations of Nora's Home with restrictions on capacity, vaccination requirements and other safety protocols to help ensure a safe environment for the solid organ transplant patients and families we serve in residence. Prompt and thorough execution by our management team together with appropriate Board oversight enabled us to continue to provide our services during the ongoing COVID-19 pandemic while keeping the safety of our guests and staff our primary priority. We are proud of this accomplishment.

In a year of much uncertainty, we were grateful to have received continuing financial support from our generous supporters. Our community responded well in celebrating our mission at a first ever virtual "Homecoming" Gala and in person at the 9th Annual Golf Classic presented by Satterfield and Pontikes Construction, Inc. Both events exceeded expectations thanks to our loyal supporters.

The Board of Nora's Home continues to prudently steward your contributions while making strides in seeking the long-term self-sustainability of the home and its valuable services for transplant patients traveling to the Texas Medical Center. To that end, the Board has established an endowment fund with the ultimate goal of achieving financial independence that will help ensure our perpetual ability to offer solid organ transplant patients and their families an affordable place to stay in the Texas Medical Center where they can find support and share experiences with others in the comfort of a home-like environment.

The results of the independent audit of Nora's Home's financials were reviewed and accepted by the Board and are attached as part of this report. We seek to provide our supporters and the donor community with transparency into the fiscal health and stability of Nora's Home while also identifying areas of remaining need.

As we look forward to advancing our goal of assuring the means for achieving Nora's Home's mission over the long-term, we are deeply grateful and wish to thank the many individuals, corporations and foundations that have embraced our mission and contributed to that endeavor.



John Zerr
Treasurer



Financial Report

Expenses

Total Expenses - \$1,355,783



Program Service Expense	\$904,542
Management and General	\$256,712
Fundraising	\$194,529

Liabilities

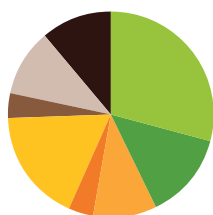
Total Liabilities - \$46,549



Accounts Payable	\$19,577
Refundable Advances	\$7,760
Deferred Revenue	\$240
Accrued Expenses	\$18,972

Revenue

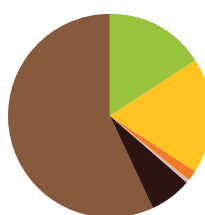
Total Revenue - \$1,828,246



Unrestricted Contributions	\$533,544
Restricted Contributions	\$249,064
Program Service Revenue	\$184,857
Grants	\$72,500
Gala Revenue, net	\$322,885
Net Investment Return	\$72,657
Contribution Other - Loan Forgiveness	\$189,624
Net Assets Released from Restrictions	\$203,115

Assets

Total Assets - \$11,135,132



Cash and Cash Equivalents	\$1,793,963
Investments	\$2,030,037
Contributions Receivable	\$180,593
Prepaid Expenses	\$73,150
Net Unconditional Promises to Give	\$744,770
Property and Equipment, net	\$6,312,619

Statement of Functional Expenses

	PROGRAM SERVICES		SUPPORT SERVICES		
	TRANSPLANT PATIENT HOUSING PROGRAM	MANAGEMENT AND GENERAL	FUNDRAISING	TOTAL SUPPORT SERVICES	TOTAL
Salaries and Wages	\$361,047	\$126,814	\$150,835	\$277,649	\$638,696
Utilities	\$116,818	—	—	—	\$116,818
Lease	\$23,695	—	—	—	\$23,695
Other Occupancy	\$97,507	—	—	—	\$97,507
Depreciation	\$229,628	—	—	—	\$229,628
Professional Fees and Services	—	\$68,317	—	\$68,317	\$68,317
Advertising and Promotion	\$2,058	\$25,343	—	\$25,343	\$27,401
Insurance	\$45,347	\$11,428	—	\$11,428	\$56,775
Supplies and Other	\$28,442	\$24,810	\$43,694	\$68,504	\$96,946
Total Expense included in the expense section on the Statement of Activities	\$904,542	\$256,712	\$194,529	\$451,241	\$1,355,783

Fundraising Report



Welcome Home Annual Fund Donors



CHAMPION FOR LIFE

Leslie L. Alexander Foundation
CHI St. Luke's Health
The Hanson Family
in honor of Parson Blue Herrington
Allison & Dr. Scott A. Lindberg
Nancy & Tom Macrini
John & Jackie Verity Gift Fund

OPEN DOOR BENEFACTOR

Laura & Dr. Mark Hobeika
in memory of Antoine Hobeika
Houston Kidney Consultants
Thomas B. Lyle
Jackie & John Verity

HOME HEROES

Gwen & Richard Bedell
Mary & Manuel T. Garcia
Jeanne & Dennis Gregory
Nancy S. Haight
in memory of Robert H. Haight
Gayle & Tom Kennedy
Organ Recovery Systems
Gay Roane
Lisa & Tim Schroeder | CTI
The Linda & Jerry Strickland Family
Foundation
Christine & David Underwood, Jr.

HEART OF HOUSTON

Usha Amin
Christine & Dr. Mohammed Attar
Gwen & Richard Bedell
Wayne Clark
Carolyn & Platt Davis

Jane S. Erskine
in memory of Dustin Erskine
Jennifer & Matt Giroto
Dr. Antonio Gotto
in memory of Gillian Elizabeth Gotto
Mindy Greenfield
in memory John H. McCall
Edward Gurevich
in honor of Randy Arellano
Joshua Gurevich
in honor of Randy Arellano
Pam & Jim Harris
in honor of Kayla Lehmann

Drs. Sandra Hurtado & Michael Braun
Drs. Swarna & Rammurti Kamble
Ellen & Dr. Ron Kerman
Greg LaFleur
Kathy McCall
in memory of John H. McCall
Terri Mendez
Dr. Linda Moore & Terry Moore
Vanessa Motta & Jeff Brockton
Sandra & Pat O'Donnell
Jamie & David Oliver
LeeAnn & Matt Oubre
Isla & Thomas R. Reckling, III
Dr. Hisham M.F. Sherif
Silambam Houston
Dr. Nour Sneige & Imad Abdullah
McKenzie & Trae A. Staats
Janet & Tom Walker
Stewart Wilson
Sherri & Dr. Patrick Wood
Debra & Gerald Yingst
Maria & John Zerr
Evonne Atlas & Abe Zimmerman
in memory of John H. McCall

NORA'S NEIGHBORS

Ashu K. Aggarwal
Janet & Kenneth Follansbee
Karen & Howard J. Huang
Cathy Jenkins
in honor of Debbie Yingst
Dr. Mirjana Maletic-Savatic & Sasha Savatic
Debra & Patrick Manuel
Shazma & Arshad Matin
Linda McCormack
Janet & Gary L. Mead
Margaret Skelly Mulcahy
in honor of Michael Skelly
Jaya & Babu "Jerry" Patel

Nayana Nancy Patel, Bharat Patel,
Kirit Patel, Jay Hazari
Kathryn & Richard Rabinow
Dwight L. Recht
in memory of Neta Recht
Ken & Gretchen Ruddy
Drs. Omaira Sabek & M. Waleed Gaber
James Shaw
Talaris Therapeutics, Inc.
in honor of Joseph Kreeb
Talaris Therapeutics, Inc.
in honor of Emmitt A. Savannah, III
Tommy Tinney

COMMUNITY CORNERSTONE

Krystle Alvarado
in memory of John H. McCall
Efua & Victor Ankoma-Sey
William Book
Cathy & Tom Cooney *
Susan & Lloyd "Bucky" Cunningham
in honor of Sylvie & Gary Crum
Mohamed Defrawi
Geoffrey Drushel
Fresh Start Decorating Center
in memory of John H. McCall
Judy & Ron Giroto
in honor of Matt Giroto
Glenn & Heidi Gonzales
Cynthia Harper
Sherif Khattab
in memory of Ghadir Khattab
Kayla & Jim Lehmann
Andrea & Dr. Richard Link
Deborah & David Longan
in memory of Carolyn Lowery
Drs. Michele & Gabriel Loor
Dr. George Mallory
Diane Oshin & Dr. Sidney Mandelbaum
Clara & Mike Miles
Una & Eamonn Quigley
Ernest A. Redding
in memory of Dustin Erskine
Carol Shay
in memory of Jim Shay
Gloria & Ben Tobor
in honor of Ellis L. Tudzin
Rudyn Walker
in honor of Dana Edson
Kay & The Honorable Ewing Werlein, Jr.

* denotes IRA Donor



Sunflower Club Donors

Lynn Blair
 Rodney Herrington
 Sherrif Khattab
 Dr. Linda Moore & Terry Moore
 Dr. Hisham M.F. Sherif

8th Annual Nora's Home Golf Classic Sponsors



PRESENTING SPONSOR

Satterfield & Pontikes Construction, Inc.

UNDERWRITER SPONSOR

Autodesk Construction Solutions

PLATINUM SPONSOR

Diversified Thermal
 LECS Electrical Contractors

GOLD SPONSOR

Beverage Cart: Hart Plumbing
 Breakfast: The Houston Methodist
 J.C. Walter Jr. Transplant Center
 Hole in One: Million Air
 Lunch: Veritex Community Bank
 Spirits Pull: Occucare International

SILVER SPONSOR

AVAdek
 Baylor St. Luke's Medical Center
 Bowen, Miclette & Britt Insurance Agency
 Grant Mackay Demolition Company
 IVP Distribution
 Jomar Electrical
 The Living Bank
 McCune Electrical Service
 Myrex Industries
 Newcastle Masonry
 Synergyn
 Texas Children's Hospital
 Upstream Engineering

TEAMS

Alliant Insurance Services
 CareDx
 City Masonry
 Cokinoss Law
 Commercial Flooring
 DeanCo
 Derryberry's LP
 Empire Steel Erectors, LP
 Executive Cleaning Corp
 GCE
 GPRS
 GreenScape Associates, LLC
 Half Associates
 Herc Rentals
 Hou Tex Glass & Mirror
 HTS
 Jet Waste Services
 Karsten Interiors
 LifeGift
 Ram Tool Construction Supply
 & W.R. Meadows
 Sprint Waste of Texas, LLC
 Wakefield AV & Cabling





Homecoming Gala Celebrating from Our Home to Yours



HOMECOMING KING AND QUEEN

Rochelle & Max Levit Family Foundation
 C. James and Carole Walter Looke Family Fund
 Amy McCall
 Walter Oil & Gas Corporation Charitable Fund

SENIOR CELEBRATION

Houston Methodist Hospital System
 Westwood Wealth Management

JUNIOR PRIDE

Drs. Lillian & A. Osama Gaber
 Houston Methodist
 J.C. Walter Jr. Transplant Center
 Brigitte & Bashar Kalai
 Novartis Pharmaceuticals
 The Davoudi Family Foundation
 The Linda & Jerry Strickland Family Foundation
 Texas Children's Hospital
 Kathleen & Pat Wood

SOPHOMORE TRADITION

Paula Hern & Thomas Barbour
 Pat & Ben Bono
 Caldwell Companies
 CareDx, Inc.
 Cathy & Tom Cooney
 Annie & Robert Graham
 Laura & Dr. Mark Hobeika
 Stanley Hoffberger
 Houston Kidney Consultants
 Paige & Todd Johnson
 Dr. Sippi Khurana & Ajay Khurana
 Ashley & Curt Langley
 LifeGift
 Sanofi-Genzyme
 Drs. Disha & Ashish Saharia
 Roberta & Lee Schwartz
 Drs. Adaani Frost & Wadi Suki
 Lynda Underwood
 Linda & Steve Webster
 Maria & John Zerr

FRESHMAN SPIRIT

Betsy & Daniel L. Austin
 Cynthia & David Capron
 Lobna & Hisham Gaber & Dr. Omaima Sabek & Dr. Waleed Gaber
 Geraldine & Joseph Galati

Hoda & Michael Kardoush
 Drs. Christine & Richard Knight
 Kindred Healthcare
 Kayla & Jim Lehmann
 Shazma & Arshad Matin
 Dr. Stephanie Yi & Terence Padden
 Anne Whitlock & Michael Skelly
 Krista & Ronnie Smith
 Dr. Nour Sneige & Imad Abdullah
 UTHealth School of Public Health
 Veritex Community Bank
 Cheryl Webb
 Eileen & Richard Wilson

HOMECOMING COURT BOARD OF DIRECTORS

Cathy Cooney
 Drs. Lillian & A. Osama Gaber
 Waleed Gaber
 Matthew Giroto
 Dr. Mark Hobeika
 Kayla Lehmann
 Arshad Matin
 Babu "Jerry" Patel
 Timothy Schroeder
 Ellis Tudzin

Noteworthy News and Year In Review

- 01 Nora's Home celebrated **40,000** nights stayed since opening in 2013!! We thank all of our supporters, volunteers, and especially our amazing guests for making this milestone possible!
- 02 In a world, and city, where the COVID-19 pandemic was still strong, Nora's Home worked hard to keep all guests safe and infection-free while maintaining safety and cleaning protocols.
- 03 Two students from Strake Jesuit College Preparatory High School adopted the home for their Eagle Scout Service Project, partnering with Trees for Houston to beautify our grounds. They led a group of volunteers in planting 23 trees on the backside of the campus and adding an irrigation system to keep the trees healthy and watered.
- 04 Nora's Home held its first-ever virtual gala, Homecoming: From Our Home to Yours, and celebrated the past 10 years of Gala Chairs and lives touched, raising over \$380,000.
- 05 Andrew, a double lung recipient/COVID survivor and Nora's Home guest, was interviewed and featured on KPRC Channel 2 sharing his transplant story; the home was excited to partner with Houston Methodist and share our mission.
- 06 The inaugural Annual Impact Report was produced and shared with our community which recapped the 2020 fiscal year and shared our "year in review."
- 07 Rice University students mastering the Capstone Course adopted the home as their project and offered marketing ideas, helped with communications to social workers and aided in our search engine optimization efforts.
- 08 The Board of Directors welcomed two new members – Nancy Patel and Dr. Pat Wood – to help further the work and mission of the home.
- 09 Nora's Home welcomed students from Baylor College of Medicine who served the home as volunteers during the fall and spring semesters helping to keep the interior and exterior in tip-top shape.
- 10 The Asian American Hotel Owners (AAHOA) named Nora's Home as a beneficiary at the Southeast Texas Inaugural Charity Golf Tournament held at Wildcat Golf Club.
- 11 With the help of one of our talented guests and caregivers, Becky, guests contributed to the first Nora's Home quilt. She taught guests how to personalize their quilt block using fabrics, embellishments and markers making this a fun activity. A gifted quilter volunteered to put it together and it now hangs in our family room.



Volunteer Highlight

Quilting with a Smile



Nora's Home is grateful for the volunteers that offer their time and talent to the home. Our guests are always eager to join in the activities where they can play games, learn new things or eat a good meal to fill their time here. One of those special volunteers is Marcia Karns. Marcia inquired about bringing sewing to the home and knew of a few guests who had an interest. Not too long after her early visits did our conference room fill up with guests who had never sewn and those who were eager to improve their skills and teach each other. It has truly been a wonderful opportunity for our guests.

Marcia belongs to the West Houston Quilters Guild and this weekly sewing class has taken off. Marcia arrives to the home with a valet cart full of fabric, tools, sewing machines and thread – all donated. She is eager to help guests make their own quilt and share her talent with them so they can learn. Many who have never sewn before are now gifted with this ability and have made memorable keepsakes to take with them to the hospital and take home when they leave Nora's.

Guests have truly enjoyed the instruction and camaraderie built while learning this new craft or honing in on their skills. She has even introduced her lovely friends from the quilting guild to the home where they have hosted a dinner and a game of "Quilto" (bingo with quilting terms).

Volunteer Highlight

Adding Sunshine with Sunflower Sacks

How can you brighten the day of a guest at Nora's Home? Join in the fun and donate Sunflower Sacks! This new initiative started in 2021, was a way to provide a shelf-stable snack for our guests as they make their way to a day full of appointments. Due to long clinic hours, patients may miss a meal—a Sunflower Sack provides them with a sustaining snack to eat while they are in between appointments.

Much to our surprise it has become a staple in our guests' day as they grab a bag on their way out the door to their transplant center. It's become an opportunity for coworkers, family members, social/church groups and students to come together and work on a service project. The donated bags have been donned with clever artwork, motivational quotes, stickers and jokes. These bags have brought a smile to the faces of our guests and filled their stomachs.

Nora's guest, Daren, is grateful for the sacks that come in. They've provided nourishment while he's been waiting for his next appointment. He shared that

“the volunteers will never know how much these have meant to me and how they have truly helped me while I'm at my appointments. These volunteers are so great, and this donation is so meaningful to me.”

Consider joining in this effort and get your friend and family together. Grab any sack, craft your message to bring a little sunshine to a guest's day, and stuff with snacks and water. Our goal is to have our shelf full of sacks each day, so guests can grab them on their way out!



A HOW TO GUIDE

- 1 Purchase paper lunch bags (any brand)
- 2 Decorate them! Be creative, have fun, make them special! Add messages, artwork, stickers...you name it!
- 3 Fill them with items like:
 - Water Bottle (8oz)
 - Applesauce & Spoon
 - Beef Jerky Sticks
 - Fresh Fruit
 - Fruit Leather
 - Granola Bars
 - Oatmeal Packets
 - Sandwich Crackers
 - Mac n' Cheese cup
- 4 Drop them off at Nora's Home



8300 El Rio Street
Houston, TX 77054

Learn more at norashome.org/volunteer



How You Can Help



Donate

Every donation, no matter the amount, made to Nora's Home help guests and their families. Donations support the operations of the home from supplies needed to providing a night's stay through our Adopt-A-Family program. To make a one-time donation, or to join the monthly giving Sunflower Club, scan the QR code or visit www.norashome.org/donate. Donations are 100% tax deductible to the full extent of the law.



Volunteer

All of our volunteers are an essential part of our home! We have opportunities for individuals, families, or groups from your church and workplace that can fit your schedule and interests. Learn more about how you can be a part of Nora's Home by scanning the QR code or visit <https://norashome.org/get-involved/volunteer/>.



Supplies

Our home has 32 guest suites and requires many supplies to run smoothly. Pantry items, kitchen utensils, and cleaning supplies are just a few of the items you can help provide to the families we serve. Our wish list is available on our website with a link to our Amazon page. You can view the list at <https://norashome.org/get-involved/wish-list/> or scanning the QR code.

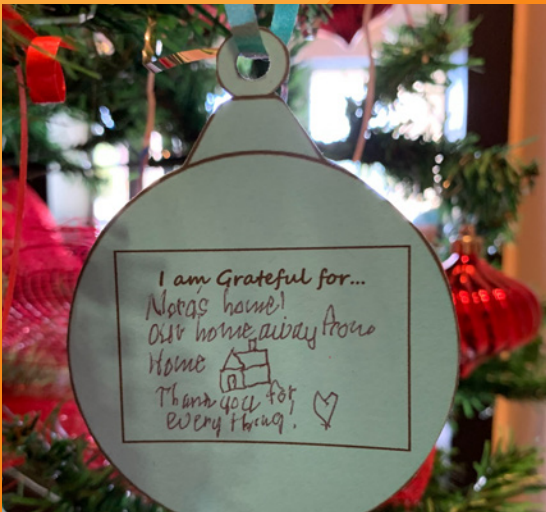


NORA'S HOME

for transplant patients and their families

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