



Guest Spotlight

Desandra

Age: 65

Transplant: Double Lung
Hospital: Houston Methodist
Hometown: New Sarpy, LA

Transplant Journey: Some years ago, in the 1990's, I started having shortness of breath so I went to the doctor and learned that I had *sarcoidosis*, a lung disease that causes inflammation and scar tissue in both of my lungs. I began seeing a pulmonologist and receiving medication to help me breathe. After years of seeing my doctor and trying to maintain it he suggested a lung transplant. Fast forward to 2018 and I was required to be on oxygen full time. As time went on I started with 2L of oxygen then up to 6L of oxygen. In September 2022, I moved to Houston where we found Nora's Home and stayed for over a year until I received the call on October 5th that they had a match. By the next day I had a new set of lungs.

What is the first thing you want to do when you go home?

The first thing I want to do is get home to my grandchildren. I'd absolutely love to be there when the little one goes to kindergarten since I've missed his 3 and 4 year-old school program due to my illness.

What do you enjoy most about Nora's Home?

I enjoy meeting new people on similar journeys! I enjoyed the time we had the community event and different vendors came to the home. I also really enjoy my weekly sewing classes with Marcia where I have made 10+ quilts for my family so far.

What would you say to someone considering to be an organ donor?

Don't hesitate to help someone and give them a second chance. I appreciate my donor whole heartedly for my chance that was given to me. I thank God!



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