

Guest Spotlight



Edwin

Age: 57
Transplant: Heart
Hospital: Houston Methodist
Hometown: Killeen, TX

Transplant Journey: I was diagnosed with heart failure, *myocarditis*, in 2015. The doctors suggested I get a transplant and asked if I had an interest and I told them no. I was put on medication and was fine until 2022. My wife and I went on vacation last October, and I was visibly tired and wasn't feeling well. It had also gotten to the point where I lost my appetite and was losing weight.

A few months later, I was having shortness of breath, was still not feeling well and I was tired. We were living in Dallas at the time, and I went to the hospital on January 7. They immediately transferred me to Austin Heart as I needed more precise care. The doctors said I had arrived just in time and glad I hadn't waited, or I wouldn't be here; my organs had begun to fail. My blood was not functioning well either in my heart. It was a long journey and the doctors in Austin saved me. I was attached to so many machines, my chances looked slim. I relied heavily on God's love throughout my journey, and I pushed the struggles I faced because of God's miracles. I did not leave ICU for an entire month.

In February I was told I needed to be transferred to the Texas Medical Center in Houston and there I was told I would need a transplant. It was my time and I believed in God's plan. I received my heart on March 16. I stayed in the hospital until being discharged on April 7 and I was able to join my wife at Nora's Home where I could fully recover.

What is the first thing you want to do after receiving your transplant?

I look forward to walking and to walking my dog. I can't wait to be home and sleep in my own bed. I also wish to start exercising more and cooking for my wife as she has cooked for me during my recovery.

What would you want to say to your donor?

Thank you! Thank you! One day I would like to see the family and personally thank them for saving me.

What do you enjoy most about Nora's Home? I enjoyed everything! I appreciated how comfortable and clean the home was. I spent a lot of time in the kitchen and loved that I could cook with my wife. I spent a lot of time in the hallways walking and regaining strength. I also enjoyed interacting with the wonderful staff and my neighbors--the other guests. The staff were really sweet and caring for my wife and I.



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