

CHEF OF THE DAY GUIDELINES

8300 El Rio St. Houston, TX 77054
(832) 831-3720 | info@norashome.org

PARKING & CHECK-IN

Volunteers are welcome to stop at the front door to unload and then park in any unmarked parking. Please check in at the front desk when you arrive. A luggage cart is available upon request to carry items to the kitchens. There will also be a table in the office to store your personal items.

SERVING

Gloves will be provided and must be worn when handling/serving food. Food is placed buffet style on the kitchen counter (or 3 dressed fold-up tables are available upon request prior to the day-of). Small signs identifying the ingredients of each dish are helpful. Plan on serving approximately 45-50 guests. You will be contacted a few days before coming for a more precise headcount. Sunday-Thursdays dinner numbers are between 45-50 guests. Brunch, Lunch, or Fri./Sat. Dinner usually only has 25-30 guests.

Our staff and volunteers will be able to help upon request. After serving, we invite you to join our guests and have dinner with them. Getting to know our guests over a nice meal is one of the best parts of volunteering at Nora's Home!

MEALS

Please submit your menu at the time of scheduling your dinner if possible. Our guests plan their week around house dinners. Here are some things to keep in mind when planning a meal:

- Many guests cannot eat very spicy food; some are on low-sodium, low-fat diets. All of them enjoy desserts. Providing a relatively balanced meal (e.g., main dish entrée, starch, vegetable, salad and/or fruit, etc.) often incorporating a low/no salt entrée item is preferred.
- Due to adverse reactions with certain transplant medications, **please do not use pomegranate, grapefruit, or Seville oranges** in your meals.
- Meal themes may be incorporated, such as Taco Tuesday/Night, Picnic Night, Southern Home Cooking, ethnic cooking or holiday themes.
- You can prepare food at home or pick up from a restaurant. Many restaurants can also deliver the food for you.

SET UP & CLEAN UP

Nora's Home has pots, pans, dishes, glasses, utensils, paper napkins, salt and pepper. Guests are accustomed to cleaning their own dishes. Dinner clean-up for your group includes all serving pieces, taking the trash out, and wiping down counters. Either the Volunteer Coordinator and/or a Nora's Home staff member will be on-hand to assist with the meal.

PHOTOS & SOCIAL MEDIA

Our guests have signed a photo release form and are open to having their photos taken unless they request not to. A Nora's Home staff member will be taking photos of your group to share on our social media platforms. Check-in, tag us, and share about your time here @NorasHomeTMC as #NorasHomeHelpers!



We welcome you to the Nora's Home Family!



NORA'S HOME
for transplant patients and
their families